



Step by Step care Pty Ltd
National Allied Health & Support Services

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Exercise Physiologist Job Description

JOB TITLE:	Exercise Physiologist position
JOB DESCRIPTION:	The accredited Exercise Physiologist will be required to assist in the treatment of musculoskeletal injuries and rehabilitation, NDIS programs and occasional hydrotherapy. They will provide innovative mobile assessment, case management and exercise physiology services.
TYPE OF EMPLOYMENT:	<i>[Full time / Part time / Casual]</i>
REPORT TO:	<i>[Insert Managers name]</i>
LOCATION:	<i>[Insert location of workplace]</i>
MAIN DUTIES / RESPONSIBILITIES:	<ul style="list-style-type: none"> • Analyze a patient's medical history to assess their risk during exercise and to determine the best possible exercise and fitness regimen for the patient. • Perform fitness and stress tests with medical equipment and analyze the resulting patient data. • Measure blood pressure, oxygen usage, heart rhythm, and other key patient health indicators. • Develop exercise programs to improve patients' health. • Provision of exercise intervention and education for those at risk of developing a chronic condition or injury. • Provision of clinical exercise prescription, for those with existing chronic and complex medical conditions and injuries. • Liaise with other medical professionals involved in patient's rehabilitation
QUALIFICATIONS:	<ul style="list-style-type: none"> • Hold a bachelor degree in Exercise Physiology, Exercise Science, or equivalent, with a masters /graduate diploma in exercise physiology. • Recent experience working in the field of Exercise Physiology. • Full member of Exercise & Sports Science Australia (ESSA). • Current Drivers License. • Current Criminal Record Check and Working with Children Check. • Current CPR / First Aid Certificate. • Professional Indemnity Insurance.
EXPERIENCE:	<ul style="list-style-type: none"> • Demonstrated Continuing Professional Development. • Demonstrated ability to manage a caseload in an efficient and effective manner.



	<ul style="list-style-type: none"> • Experience delivering services to children, young people and adults with disability. • Knowledge of continuous quality improvement principles • Previous NDIS related experience (desirable).
<p>SKILLS:</p>	<ul style="list-style-type: none"> • Demonstrated ability to work within the code of conduct and ethical principles as outlined by ESSA • Strong listening skills/empathy • Critical thinking skills/problem solving skills • Social perceptiveness • Strong time management and ability to prioritise. • Intermediate PC skills, specifically in Windows and Microsoft Office (Word and Email).